



VISITING AN OLD HOMESTEAD IN BIG BAY

# Georgian Heights September Newsletter

1115 10<sup>th</sup> Street East  
Owen Sound, ON

## IN THIS ISSUE

## September at Georgian

Fall is on its way into 2017! I think I can say for everyone that this summer flew by! We did a lot of waiting for the sun to shine and the rain to stop!

I just wanted to say a quick thank you to everyone who donated to our yard sale; Resident's Council was able to raise approximately \$270.00. Thank you!

This month we will be hosting an **Alzheimer's Coffee Break and Bake Sale** on September 13 at 2:00 pm. We are helping the Alzheimer's Society to raise awareness about the disease. We will be enjoying coffee and treats in the Dining Room, half of the funds raised will be donated to Alzheimer's and Resident's Council. If you're interested in donating baked goods or want to attend the event, please talk to Jenna.

On August 20<sup>th</sup> we will be participating in a **Walk/Wheel – It for Parkinson's** in the backyard (weather permitting). Residents/Staff will be able to wear pedometers and we will count all of the steps taken. The Parkinson's Society

wants to reach 1,000,000 steps for all of Southwestern Ontario. Feel free to join us!

As some of you will know, each year Extendicare sends out a Satisfaction Survey for residents and family to fill out. This year our goal is to have the surveys completed by September 15<sup>th</sup>. These surveys have been sent to families in the mail or can be completed online. Please return/complete as soon as possible. See Jenna if needed.

Resident's will be taking a trip to Wal-Mart for shopping and Harrison Park for lunch. If you or your family member is interested in attending please contact Jenna.

Jenna Bunn, Interim Program Manager



### Campfire

Residents have been outside this summer enjoying campfires on the patio. Many have learned what a "spider dog" and "s'mores" are. We will try to carry these on as long as the weather will cooperate.



### Hawaiian Luau

A few of the residents enjoying our Hawaiian Luau in August. Sharing pineapple, shark punch, watermelon and more!