

DATES TO RE- MEMBER

- **October 2:**
**Parkin-
sonm's
Walk**
- **October 7:**
**Thankgiv-
ing Tea**
- **October 9:**
**Walmart
Shopping
Trip**
- **October 26:**
**Fall Leaves
Bus Trip**
- **October 31:**
**Halloween
Party**
- **November
17: Christ-
mas Bazaar**

October 2018 Georgian Heights



Root Beer Float Day

Wonderful October

Hannah Greig, Resident Program Manager

Bakes sales, Thanksgiving, and Halloween, oh my! Another busy month is upon us at Georgian Heights. Not only do we have some special events happening for Thanksgiving and Halloween, we will be busy crafting up different projects to be sold at our annual Christmas Bazaar! This year the bazaar will be held on November 17 at 2:00 in the dining room at Georgian Heights. Please contact Hannah if you have any project ideas or items you would like to donate to the bazaar as this is the Resident's Council's biggest fundraiser each year. The money raised assists in getting more music programs and special outings for the residents each year.

A reminder to all families visiting to be mindful about programs going on in the dining room. If there are church services, or musicians singing in the dining room, please move to a different area if you wish to talk and visit. It is not only disrespectful to the group leader, but it is also a big distraction for other residents who may be hard of hearing. Thank you in advance for your understanding in this matter.

We have said farewell to another long term staff member at Georgian Heights. Joanne Webb has decided to retire after many years of dedication with the residents. The staff and residents (and pets) will miss her dearly. The residents held a special farewell party for her to send her out in style.

The residents held their Alzheimer's Coffee Break in September and raised over \$75.00 for the local Alzheimer's Society.

This month they will be participating in the Parkinson's Super Walk to raise money and awareness for Parkinson's disease.

Nicole Cruickshank, Food Service Manager

Fall is upon us, which means that a new menu change is soon happening also! The new menu will be approved by Resident's Council and we are planning to roll it out by the end of the month! Resident's Council has already put in their suggestions for the "Resident's Choice" meal in which they decide the menu for a meal once in a three week rotation.



Parkinson SuperWalk is Canada's only nationwide fundraiser in support of Canadians living with Parkinson's.

Approximately 10,000 people from coast-to-coast organize and take part in Parkinson SuperWalk.

Parkinson SuperWalk will take place in October 2018 in communities throughout Canada. With participation from supporters like you, we raised \$2.25

Parkinson's Super Walk

million across Canada in 2017. Since 1990, we have raised more than \$38 million in support of a vision of a better life today for Canadians living with Parkinson's; a world without Parkinson's tomorrow. Your efforts fuel nationwide and local support, advocacy and the Parkinson Canada Research Program.

Parkinson Canada advocates with federal, provincial and territorial

governments on issues that matter to the Parkinson's community in Canada. The Parkinson Canada Research Program funds innovative research to search for better treatments and a cure.

Come walk with us at Georgian Heights on October the 2nd at 10:30.

**PARKINSON CANADA
SUPERWALK**