

Sun

Mon

Tue

Wed

Thu

Fri

Sat



DECEMBER



1
10:00 Coffee and Current Events
11:00 Friendly Visits

2
10:30 Church with Wanda
11:00 1:1 Visits
2:30-2:45 Desboro Church Carolers

3
10:00 Exercise Class
10:30 Baking Bread
2:00 Afternoon Social
4:00 Pet Visit
6:30 Card Bingo

4
8:30 Men's Breakfast
10:00 Making Gift Wrap and Bags
1:00 Baking Ornaments
2:30 Bible Baptist Singers

5 10:00 Exercise Class
10:30 Art Therapy with Leslie
2:00 DIY Snow Globes
4:00 Sensory Room
6:30 Popcorn and a Movie

6
9:30 Sensory Room
10:30 Spiritual Service
2:00 Christmas Art
3:00 Exercise Class

7
10:30 Lawrence Marks Music Hour
1:00 Manicures
2:00 BINGO

8
10:30 Lovin' from the Oven

9
10:30 Church with Wanda
11:00 1:1 Visits

10 10:00 Exercise Class
10:30 Creative Centre Pieces
2:00 Making Dog Beds
4:00 Pet Visit
6:30 Snakes and Ladders

11 8:30 Ladies Breakfast
9:00 Hairdresser
10:30 Creative Story Writing : Roll A Story
2:00 Shopping Trip

12
10:00 Exercise Class
10:30 Piano with Betty
2:00 All Muzzel Music
4:00 Sensory Room
6:30 Wine and Cheese

13
9:30 Sensory Room
10:30 Spiritual Service
2:00 Art Class
3:00 Exercise Class

14
10:30 Friendly Visits
1:00 Manicures
2:00 Family Christmas Come and Go Tea

15
10:30 BINGO
1:30 Christmas Movie

16
10:30 Church with Wanda
11:00 1:1 Visits

17 10:00 Exercise Class
10:30 Ginger Bread House
2:00 Larry Russell Music
4:00 Pet Visit
6:30 Pub Night

18
8:30 Men's Breakfast
10:00 Christmas Cards
1:00 Family Council
2:00 Merry Music Makers Bday Bash !

19
10:00 Exercise Class
10:30 Jewelry Making
2:00 Cathy Kempert Music
4:00 Sensory Room
6:30 Tour of the Lights

20
9:30 Sensory Room
10:30 Spiritual Service
2:00 Residents Council
3:00 Exercise Class

21
10:30 Music with Glen
1:00 Manicures
2:00 BINGO

22
10:30 Lovin' from the Oven
1:30 Christmas Movie

23
10:30 Church with Wanda
11:00 1:1 Visits

24 10:00 Exercise Class
10:30 Baking Cookies for Santa
Afternoon (Hairdresser)
2:00 Christmas Carols
6:30 Hot Chocolate Social

25 Merry Christmas!
10:30 Opening Christmas Gifts



26 Boxing Day
10:30 Board Games

27
9:30 Sensory Room
10:30 Spiritual Service
2:00 Art Class
3:00 Exercise Class

28
11:00 Price is Right on TV
1:00 Manicures
2:00 BINGO

29
10:00 Coffee and Current Events
11:00 Friendly Visits

30
10:30 Church with Wanda
11:00 1:1 Visits

31 New Years Eve
10:30 New years Puzzles and Trivia
2:00 Look back at 2018
6:30 New Years Eve Social



Georgian Heights 2018 Program Calendar

Programs are subject to change

Achieva Health is here for exercise on Mondays, Wednesdays and Thursdays

