



Sun



Mon



Tue



Wed



Thu



Fri



Sat



February



1	10:00 Glen's Music 1:00 Manicures 2:00 BINGO 6:30 TMN Movie	2	Ground Hog Day 10:30 Ground Hog Events 2:00 Movie
---	---	---	--

3	Super Bowl Sunday 10:30 Church with Wanda 5:00 Super Bowl Supper	4	10:00 Exercise Class 10:00 Making Bread 10:30 Creative Centre Pieces 2:00 Social 4:00 Pet Visit 6:30 Popcorn and a	5	Chinese New Year 8:30 Ladies Breakfast 9:00 Hairdresser 10:00 Horse Racing 12:00 Chinese Lunch 2:30 Bible Baptist Singers	6	10:00 Exercise Class 10:30 Art Therapy with Leslie 1:00 1:1 Friendly Visits 2:00 Penny Ante 6:30 BINGO	7	9:30 Sensory Room 10:30 Spiritual Service 2:00 Art Class 3:00 Exercise Class	8	10:30 Visits with Charlie 1:00 Manicures 2:00 BINGO 6:30 TMN Movie	9	10:30 Coffee and Current Events 2:00 Movie
---	---	---	---	---	---	---	---	---	---	---	---	---	---

10	10:30 Church with Wanda	11	9:45 Shopping Trip : Wal Mart 10:00 Exercise Class 2:00 Lovin' From the Oven 4:00 Pet Visit 6:30 Games Night	12	8:30 Men's Breakfast 10:00 Making Bread 10:30 Creative Story Writing: Valentines Edition 2:00 Karaoke Social	13	10:00 Exercise Class 10:30 Meal Prep 12:00 LUNCH BUNCH 2:00 Cathy Kempert Music 6:30 Pub Night	14	Valentines Day 9:30 Sensory Room 10:30 Spiritual Service 2:00 Valentines Come and Go Tea 3:00 Exercise Class	15	10:00 Glen's Music 1:00 Manicures 2:00 BINGO 6:30 TMN Movie	16	10:30 Scrapbooking 2:00 Movie
----	-------------------------	----	---	----	---	----	---	----	--	----	---	----	----------------------------------

17	10:30 Church with Wanda	18	Family Day 10:00 Exercise Class 10:30 Crossword / Making Bread 2:00 Social 4:00 Pet Visit 6:30 James S Music	19	8:00 Ladies Breakfast 9:00 Hairdresser 10:30 Scrapbooking 2:00 Merry Music Maker's B-day Bash	20	10:00 Exercise Class 10:30 Piano with Betty 12:00 LUNCH BUNCH 2:00 Al Muzzell Music 6:30 UNO	21	9:30 Sensory Room 10:30 Spiritual Service 2:00 Larry Russell Music 3:00 Exercise Class	22	10:00 Visits with Charlie 1:00 Manicures 2:00 BINGO 6:30 TMN Movie	23	10:30 Lovin' From the Oven 2:00 Movie
----	-------------------------	----	---	----	--	----	--	----	--	----	---	----	--

24	10:30 Church with Wanda	25	10:00 Exercise Class 10:30 2:00 Dog Beds :DIY 4:00 Pet Visit 6:30 Wine and Cheese Night	26	8:30 Men's Breakfast 10:30 Crock Pot Soup 1:00 Family Council 2:00 Penny Auction	27	10:00 Exercise Class 10:30 Meal Prep 12:00 LUNCH BUNCH: KFC 2:00 Snakes and Ladders 7:15 Glad Tidings	28	9:30 Sensory Room 10:30 Spiritual Service 2:00 Residents Council 3:00 Exercise Class	<p>2019 Georgian Heights Program Calendar</p> <p>*Programs are Subject to Change* Achieva Health is here Mondays, Wednesdays and Thursdays for Physiotherapy</p>			
----	-------------------------	----	---	----	--	----	--	----	--	---	--	--	--