

April 2019 Newsletter

Georgian Heights LTC

1115 10th Street East Owen Sound, ON, N4K 6B1

April Showers Bring May Flowers

It is hard to believe that April is here already!

The residents are ready to get outside and enjoy the spring weather. Let's hope for sunny days ahead!

This month we are taking a shopping trip to Value-Village, which was suggested at Resident Council. We have also added a lunch trip to the Harrison Park Inn on April 24th.

On April 20th we will be holding an early Easter egg hunt for kids! If you have anyone who is interested in participating please let programming know. Brings a special spark for our residents to

enjoy little ones searching for eggs☺

Our Family Council meeting is on April 30th at 1:00pm. All family members are welcome!

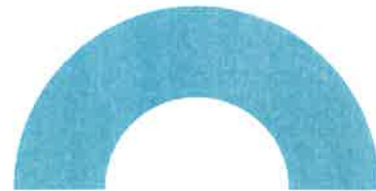
The residents will be hosting a baby shower for Hannah G. and baby Claire, on April 8th at 2:00pm. All are welcome!

If you have any questions about the monthly calendar please contact Jenna Bunn, Program Manager.



Dates to Remember

- April 8th: Hannah's Baby Shower
- April 9th: Trip to Value Village
- April 16th: Merry Music Makers
- April 19th: Easter Tea and Bake Sale
- April 22nd: Earth Day
- April 24th: Lunch at Harrison Park



Owen Sound Mobility Transit

Owen Sound has a Mobility Transit Bus service that is intended to help people who have functional limitation. Every wheelchair bus has a wheelchair ramp and tie down locations to accommodate wheel chairs. Cost of the bus is \$3.00 per way. To apply for this service you must visit City Hall to pick up

an application form or Georgian Heights. You will then need to fill out the application form and bring it back to Georgian Heights to be signed by the Doctor. Approved applications are effective for three years.

This is a great service for taking family members to

appointments or just out into the community! If you have any questions or needs assistance, please call Public Works and Engineering Department - Transit Works at 519-376 4274 ext. 3233



Earth Day, April 22nd

Help Save the Bees!!

Plant Bee Friendly Flowers, such as:

- Honeysuckle
- Sunflowers
- Lavender



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 1 April Fools 10:00 Exercise Class 10:30 Making Bread 2:00 Fact or Foolery Social 4:00 Pet Visits 6:30 Popcorn Party	2 8:30 Ladies Breakfast 9:00 Hairdresser 10:00 Spring is in the Air 2:30 Bible Baptist Singers 3:30 Movie	3 10:00 Exercise Class 10:30 Art Therapy with Leslie 1:00 1:1 Visits 2:00 Baby Mobile 6:30 Games Night	4 9:30 Sensory Room 10:30 Spiritual Service 2:00 DIY Cat tents 3:00 Physiotherapy	5 10:30 Tim Horton's Social 1:00 Manicures 2:00 BINGO 6:30 TMN Movies	6 10:30 Group Crossword		
7 9:30 1:1 Visits 10:30 Church Wanda	8 10:00 Exercise Class 10:30 Lovin' from the Oven 2:00 Hannah's Baby Shower 4:00 Pet Visits 6:30 Pub Night	9 8:30 Men's Breakfast 10:00 Value Village 12:00 LUNCH BUNCH 1:00 1:1 Visiting 2:00 Price is Right 6:30 Snacks and a Movie	10 10:00 Exercise Class 10:30 Meal Prep 12:00 LUNCH BUNCH 1:00 1:1 Visiting 2:00 Price is Right 6:30 Snacks and a Movie	11 9:30 Sensory Room 10:30 Spiritual Service 2:00 James S. Music Hour 3:00 Physiotherapy	12 10:30 Glen's Music 1:00 Manicures 2:00 BINGO 6:30 TMN Movies	13 10:30 Snakes and Ladders	
14 Palm Sunday 9:30 1:1 Visits 10:30 Church with Wanda	15 10:00 Exercise Class 10:30 Decorating Eggs 2:00 Baking 4:00 Pet Visits 6:30 DIY Beaded Mobile	16 8:30 Ladies Breakfast 9:00 Hairdresser 10:30 Easter Bonnets 2:00 Merry Music Makers B-day Bash! 3:30 Movie	17 10:00 Exercise Class 10:00 Bettys Piano Music 10:30 Meal Prep 12:00 LUNCH BUNCH 1:00 1:1 visits 2:00 Cathy Kempart Music 6:30 BINGO	18 9:30 Sensory Room 10:30 Spiritual Service 2:00 Baking 3:00 Physiotherapy	19 Good Friday 10:30 Lovin' from the Oven: Rice Krispy Nests 1:00 Manicures 2:00 Easter Bake Sale & Tea 6:30 TMN Movies	20 10:30 Easter Egg Hunt 	
21 Happy Easter! 9:30 1:1 Visits 10:30 Church with Wanda 	22 Earth Day! 10:00 Exercise Class 10:30 Family Feud 2:00 Recycled Plants 4:00 Pet Visits 6:30 Wine and	23 8:30 Men's Breakfast 10:30 Horse Racing 2:00 DIY Umbrella Door Décor 3:30 Movie	24 10:00 Exercise Class 11:00 Harrison Park Restaurant 1:00 1:1 Visits 2:00 Al Muzzell Music 7:15 Glad Tidings Choir	25 9:30 Sensory Room 10:30 Spiritual Service 1:30 Spiritual Care 2:00 Larry Russell Music 3:00 Physiotherapy	26 10:30 Glen's Music 1:00 Manicures 2:00 BINGO 6:30 TMN Movies	27 10:30 Coffee and Current Events	
28 9:30 1:1 Visits 10:30 Church with Wanda	29 10:00 Exercise Class 10:30 Bowling 2:00 Residents Council 4:00 Pet Visits	30 8:30 Ladies Breakfast 9:00 Hairdresser 1:00 Family Council 2:00 Spa Afternoon 3:30 Movie	<p style="text-align: center;">2019 Georgian Heights Program Calendar</p> <p style="text-align: center;">**Programs are Subject to Change**</p> <p style="text-align: center;">Achieva Health is here Mon., Wed, and Thurs.</p>				