



Sun



Mon



Tue



Wed



Thu



Fri



Sat



1	10:30 Church with Wanda	2	<u>Labour Day</u> 10:30 What's my Job?: Trivia 2:00 Patio Social 	3	9:00 Hairdresser 2:00 "The Gold's" Music Hour 6:30 Games Night	4	10:00 Fun & Fitness 10:30 Art Therapy with Leslie 12:00 LUNCH BUNCH 2:00 Manicures 3:00 Afternoon Movie	5	10:00 Chaplain Visits 10:30 Spiritual Service 2:30 Penny Auction 3:15 Group Exercise 6:30 Wine and Cheese	6	10:30 Pet Visits with Charlie 2:00 BINGO 6:30 TCM Movies	7	9:00 1:1 Visiting 10:30 DIY Chia Pet 2:00 Price is Right
8	10:30 Church with Wanda	9	10:00 Chair Exercise 10:30 Reminiscing: School Days 2:00 TBA 4:00 Pet Visits	10	10:30 TBA 2:30 All About Honey Social 6:30 Movie Night	11	10:00 Fun & Fitness 10:30 OS Drummers 12:00 LUNCH BUNCH 2:00 Manicures 3:00 Afternoon Movie	12	10:00 Chaplain Visits 10:30 Spiritual Service 2:30 BINGO 3:15 Group Exercise 6:30 Campfire on the Patio	13	10:30 Glen's Music 2:00 Dave Hiscox 6:30 TCM Movies	14	9:00 1:1 Visiting 10:30 Coffee and Curvent Events 2:00 DIY Book Marks
15	10:30 Church with Wanda	16	10:00 Chair Exercise 10:30 Tye Dye Shirts 2:00 DIY Bath Bombs 4:00 Pet Visits	17	9:00 Hairdresser 10:30 Creative Centre Pieces 2:00 Merry Music Makers B-day Bash 6:30 CARD BINGO	18	<u>Crazy Sock Day</u> 10:00 Fun & Fitness 10:30 Bettys Piano Music 12:00 LUNCH at Harrison Park Inn 2:00 Manicures	19	10:00 Chaplain Visits 10:30 Spiritual Service 2:30 Price is Right 3:15 Group Exercise 6:30 Pub Night	20	10:30 Residents Council 2:00 BINGO 6:30 TCM Movies	21	9:00 1:1 Visiting 10:30 Jeopardy 2:00 DIY Jewelry
22	10:30 Church with Wanda	23	<u>First Day of Fall</u> 10:00 Chair Exercise 10:30 Milk Shakes 2:00 Autumn Leave crafts 4:00 Pet Visits	24	10:30 DIY Headbands 1:00 Family Council 2:30 Baking Apple Crisp 6:30 Apple Crisp Social	25	10:00 Fun & Fitness 10:30 Michael S. Music 12:00 LUNCH BUNCH 2:00 Al Muzzel Music 7:15 Glad Tidings Choir	26	10:30 Lovin' from the Oven 1:00 Alzheimer's Coffee Break 2:00 Jimmy Crooner Music 3:15 Group Exercise 6:30 Dream Catchers	27	10:30 Glen's Music 2:00 BINGO 6:30 TCM Movies	28	9:00 1:1 Visiting 10:30 DIY Heating Pads 2:00 Penny Auction
29	10:30 Church with Wanda	30	10:00 Chair Exercise <u>1:00 Trip to Grandma Lambes</u> 2:00 Nail Polish Gift Sets 4:00 Pet Visits										

Georgian Heights Program Calendar



Programs are Subject to Change
Achieve Health is here for Physiotherapy on Monday, Wednesday and Thursday