



Sun



Mon



Tue



Wed



Thu



Fri



Sat



JANUARY



1
Morning: Lovin' from the Oven
Afternoon: BINGO

2
Morning: Church with Wanda
Afternoon: Penny Auction

3 **Breakfast Club**
Morning: Soup with Wanda
Afternoon: Baking
Evening: BINGO

4 **Hairdresser**
Morning: Fitness with Laura
Afternoon: Snowball Toss
Evening: Wine, Cheese & Laughs

5
Morning: Manicures
Afternoon: BINGO
Evening: Games

6
Morning: Spiritual Service
LUNCH BUNCH
Afternoon: Snowman Craft

7
Morning: Craft Corner
Afternoon:
 Let's get Physical
 Manicures

8
Morning: **pre paid Concert** with Leaving Tracks
Afternoon: BINGO

9
Morning: Church with Wanda
Afternoon: Price is Right

10 **Breakfast Club**
Morning: Soup with Wanda
Afternoon: Shake Loose a Memory
Evening: BINGO

11
Morning: Fitness with Laura
Afternoon: Quilt Colouring
Evening: Popcorn & a Movie

12
Morning: Snow Flake Art
Afternoon: Indoor Snowmen
Evening: Pub Night

13
Morning: Spiritual Service
LUNCH BUNCH
Afternoon: **Glen Eden Trio Music**

14
Morning: Manicures
Afternoon:
 Let's get Physical
 Happy Hour & Snacks

15
Morning: Lovin' from the Oven
Afternoon: BINGO

16
Morning: Church with Wanda
Afternoon: Trivia Hour

17 **Breakfast Club**
Morning: Soup with Wanda
Afternoon: Conversation Circle
Evening: BINGO

18 **Hairdresser**
Morning: Fitness with Laura
Afternoon: **Al Muzzell Music Hour**
Evening: Board Games

19
Morning: Manicures
Afternoon: BINGO
Evening: Music & Munchies

20
Morning: Spiritual Service
LUNCH BUNCH
Afternoon: Horse Racing

21
Morning: Craft Corner
Afternoon:
 Let's get Physical
 Manicures

22
Morning: Coffee & Conversation
Afternoon: BINGO

23
Morning: Church with Wanda
Afternoon: Sundae Sunday Social

24 **Breakfast Club**
Morning: Soup with Wanda
Afternoon: Hot chocolate Social
Evening: BINGO

25
Morning: Fitness with Laura
Afternoon: Travelogue
Evening: Pub Night

26
Morning: Cranium Crunches
Afternoon: **Dave Hiscox Music Hour**
Evening: Popcorn & a Movie

27
Morning: Spiritual Service
LUNCH BUNCH
Afternoon: **Residents Council**

28
Morning: Manicures
Afternoon:
 Let's get Physical
 Happy Hour & Snacks

29
Morning: Lovin' from the Oven
Afternoon: BINGO

30
Morning: Church with Wanda
Afternoon: Antique Roadshow

31 **Breakfast Club**
Morning: Soup with Wanda
Afternoon: Trivia
Evening: BINGO

Georgian Heights Program Calendar
 Programs are subject to change
 Achieva Health is here on Tuesday & Friday for
 Physiotherapy

