



GEORGIAN HEIGHTS JANUARY 2022 NEWSLETTER

1115 10th Street East, Owen Sound, ON, N4K 6B1



We hope everyone had a safe and happy holiday season!

January is bringing some winter themed programs. Snowflake art, snow ball fights, hot chocolate socials and more! We will make the best of that cold winter weather.

Every New Year we like to remind families that Georgian Heights has a Family Council. We plan to meet once a month but due to Covid, it has been placed on hold. The Council gathers to discuss many things like upcoming events, fundraising, new policies, concerns, meals and more. It is also a great place for support. I am curious if anyone would be interested in a Zoom meeting vs. meeting in person. Please let me know.

Here is our mission statement:

Our Mission is to provide sensitive and caring supports for families and friends of new and long term residents. We want to ease the stress of admission and transfer, create new friendship bonds and provide a safe and knowledgeable forum for the concerns of families.

Jenna Bunn

Program Manager

Bringing Food and Beverage into Georgian Heights

- Food & beverages must be individually packaged in a container which can be wiped down with disinfectant wipes upon entry into the home.
- Perform hand hygiene when dropping off or picking up delivered items.
- Only food from licensed food establishments can be brought into the home if intended for staff appreciation.
- Food made from your personal kitchen may be brought in for your loved one provided that it has been safely prepared to prevent food-bore illnesses and is NOT to be shared with others in the home.

Its Cold and Flu Season



It's so easy to contract a cold or the flu at this time of year. We encourage, urge all of you to use proper hand-washing procedures to help fight these germs. Even more important is to stay away from those who may not be able to resist an infection. I know we all want to visit those we love, especially during the Christmas season, but if you are coughing, sneezing or feeling unwell, please do not visit until you are free of these symptoms.

WET BOOTS

With winter weather arriving, that means wet boots.

Please remember to take wet boots off at the front door. This helps prevent wet floors and possible falls. Very important for resident safety!

Thanks!

Health and Safety Committee

Upcoming Events

Jan 2:

Penny Auction

Jan 6:

LUNCH BUNCH

Jan 8:

Concert with Leavin Tracks

Jan 14 :

Happy Hour & Snacks

Jan 18:

Al Muzzell Music Hour

Jan 20:

Horse Racing

Jan 23:

Sundae Sunday Social

Jan 27:

Residents Council

